

RANGER COLLEGE
High School
COURSE SYLLABUS

PROGRAM: Cosmetology
COURSE TITLE: Principles of Skin Care/Facials and Related Theory
COURSE NO. CSME 1447
HOURS: 2 Lecture, 7 Lab, 4 Credit
CLASS HOURS: 12:30 PM – 5:00 PM, Mon.- Thurs. with scheduled Fridays as needed
OFFICE TELEPHONE: (325) 646-0022

Program Director/Instructor:

Name: Wendy Herrod
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Office Hours: 9:30 till 4:00 by Appointment

- I. CATALOG DESCRIPTION: Exploration of salon development. Topics include professional ethics and goals, salon operation, and record keeping.
- II. REQUIRED BACKGROUND: Pre/Co-requisite: CSME 1401
- III. TEXTS, OTHER REFERENCES MATERIALS: Milady's Standard Cosmetology, Thomson Delmar Learning, 2016 ed.
- IV. METHODS OF INSTRUCTION: This course will be conducted in a cosmetology lab setting utilizing the receptionist duties on a rotating schedule for each student. The activities during the class will include lecture and audio-visual aids.
- V. METHODS OF EVALUATION:

Individual practical sheet with criteria included: 50%
Written unit tests..... 25%
Final written and practical exams..... 25%

A = 90-100
B = 80-89
C = 70-79
D = 60-69
F = 0-59
- VI. MAKE-UP EXAMINATIONS

All weekly tests are to be taken in theory class time periods. Students must make up test upon re-entering the FIRST day of class after the absence. One make-up test only, others

will be graded as "0". Semester final practical examinations will be made up at the instructor's discretion and convenience.

VII. ATTENDANCE REQUIREMENTS/DROP POLICY

(See Cosmetology Handbook) The High School Cosmetology Course is a two year program. During the two year program the student is required to acquire the necessary 1000 hours and 500 high school academic hours that are required by TDLR. The student must have completed 500 hours of instruction the 1st year prior to entering the second year program. In the 2nd year, the remaining hours must be completed by end of May totaling 1000 hours and have completed 500 academic hours along with the practical application requirements required by the TDLR. Students may be dropped from the program if they miss too many days and it causes them to fall behind in hours.

Tardies will not be tolerated. Consequence: For each tardy 10 points will be deducted from daily grade. Three tardies in one week will result in referral to principal of the High School attended.

Your school will be called any day that you are absent.

VIII. COURSE/CALENDAR

Subject to change.

Week 1- Skin Structure. Week 2- Skin Diseases & Disorders.
Week 3- Hair Removal. Week 4- Facials. Week 5- Facial Makeup
Week 6- Basics Of Electricity

IX. COURSE/CLASSROOM POLICIES

Students are expected to take responsibility in helping to maintain a classroom environment that is conducive to learning. In order to assure that all students have the opportunity to gain from the time spent in class, students are **prohibited from using cell phones, beepers or any other electronic devices, making offensive remarks, reading material not related to class, sleeping, or engaging in any other forms of distraction.** Inappropriate behavior in the classroom shall result, at a minimum, in a **request to leave class and clock out.** A more detailed list of inappropriate behaviors is found in the current cosmetology handbook

X. LEARNING OBJECTIVES

A. CHAPTERS – 13 – ELECTRICITY (ELECTRICITY AND LIGHT THERAPY)

1. Explains the terms associated with electricity.
2. Discuss high frequency, sinusoidal, galvanic and faradic currents.

3. Explain the usage and methods of application of high frequency, sinusoidal, galvanic and faradic currents.
4. Discuss the electric-equipment used in a salon.
5. Explain the need for a grounding wire on an appliance.
6. Explain the need for a circuit breaker.
7. Discuss the use of a fuse.
8. Define the use of light therapy in relation to skin care programs.

B. CHAPTERS –7 & 8 – THE STUDY OF SKIN (THE SKIN DISEASES AND ITS DISORDERS)

1. Discuss the basic facts of the structure of the skin.
2. List and define the layers of the skin.
3. Explain the functions of the skin.
4. Discuss the glands of the skin and their functions.
5. Discuss the disorders of the sudoriferous glands.
6. Explain the disorders of the pigmentation of skin.
7. Describe common growths on the skin.
8. Describe dandruff.
9. Name the common skin inflammations.
10. Discuss parasitic infections.
11. Discuss bacterial infections and lesions of the skin.

C. CHAPTER -23- THE STUDY OF SKIN (THEORY OF FACIAL MASSAGE)

1. Describe and demonstrate the five massage manipulations.
2. Discuss the effects of massage on nerve and muscles.
3. Name other forms of muscle and nerve stimulator's.

D. CHAPTER -23- THE STUDY OF SKINS (FACIALS)

1. Discuss the categories of facials.
2. Analyze a client's skin before a facial.
3. Demonstrate the procedures for a normal skin facial.
4. Demonstrate the facial procedure for dry skin.
5. Demonstrate the facial procedure for oily skin.
6. Demonstrate the facial procedure for comedones.
7. Demonstrate the facial producer for minor acne.
8. Discuss the treatment for whiteheads.
9. Demonstrate the procedure for a clay pack on oily skin.
10. Demonstrate the procedure for a hot oil mask on dry skin.
11. Discuss the skin structure of the skin including the factors that affect the skin.
12. Discuss the development of a skin care program.
13. Identify the method of skin analysis.
14. Discuss the product used for skin care treatment.
15. List the electric machines used for skincare treatments.
16. Discuss the methods dealing with electro logy.

17. Discuss the safety and sanitary precautions needed to protect the patron.

E. CHAPTER -24- THE STUDY OF SKIN (FACIAL MAKEUP)

1. Discuss the cosmetics used in facial makeup.
2. Demonstrate the application of facial makeup.
3. Explain the illusions created when using makeup.
4. Discuss corrective face and eye makeup.
5. Demonstrate the procedure for arching with tweezers.
6. Explain the standards used by professionals to shape the eyebrows.
7. Demonstrate the procedure for arching using wax or honey preparation.
8. Demonstrate the procedure for lash and brow tinting.
9. Discuss and demonstrate the application of applying strip and individual eyelashes.
10. Practice all safety and sanitary precautions.
11. Relate the facial standards in relation to the oval face.

F. CHAPTER -22- THE STUDY OF SKIN (HAIR REMOVAL)

1. Discuss the temporary means of removing hair.
2. Demonstrate the procedure for removal of hair using wax.
3. Discuss the types of electrolysis.
4. Explain the parts of an electrolysis machine.
5. Discuss the precautions for permanent hair removal.

XI. COURSE COMPETENCIES:

Upon completion of this course, the student should be able to:

1. Pass a test over the purposes and layers of the skin.
2. Analyze a patron's skin during a consultation.
3. Recognize the common disorders and diseases of the skin.
4. List the various types of machines used for light therapy and identify the purpose.
5. Complete a facial within 40 minutes following sanitary and professional techniques.
6. Pass a test over facial techniques and application of makeup with an average of 70.
7. Key a color analysis on a client in conjunction with makeup application.
8. Perform a facial massage using the information outlined in this course.
9. Remove facial hair using wax following the safety and sanitary rules outlined.
10. Arch eyebrows using either tweezers or wax according to the facial standards.
11. Apply a depilatory following all safety and sanitary rules.
12. Pass a written test with 70% over permanent hair removal.

13. Pass a written test with 70% over skin care and facial makeup.

XI. SCAN COMPETENCIES:

The Secretary's Commission on Achieving Necessary Skills (SCANS) identified competencies in the area of Resources, Interpersonal, Information, Systems and Technology, and foundation skills in the areas of Basic Skills, Thinking Skills and Personal Qualities. This course is part of a program in which each of these competencies and skills are integrated. For application of specific SCANS competencies and skills in this course, see attached form.

XII. ADA STATEMENT

Ranger College provides a variety of services for students with learning and/or physical disabilities. The student is responsible for making the initial contact with the Ranger College Counselor. It is advisable to make this contact **before** or **immediately** after the semester begins.

XIII. NON-DISCRIMINATION STATEMENT:

Admissions, Employment, and Program Policies of Ranger College are non-discriminatory in regard to Race, Creed, Color, Sex, Age, Disability, and National Origin.

XIII. RECEIPT OF SYLLABUS – Cosmetology 1447 & 1443

Legibly print the following information:

Name:

Date:

“I have received and understand the information in the syllabus for Cosmetology 1447, 1443 and I agree to abide by the stated policies.”

Signature of Student:

RANGER COLLEGE
High School Sr. 3rd Semester
SYLLABUS AND COURSE OUTLINE
CSME 1447