

RANGER COLLEGE
SYLLABUS
VOCATIONAL NURSING DEPARTMENT

FALL SEMESTER 2010

Course Number and Title: VNSG 1116 Nutrition

Credit Hours: 1 Lecture Hours/Wk: 1 Lab: 0

Instructor: Patty Davis, RN

Office Location: Early/Comanche

Office Hours: Monday thru Friday
0830 to 1630

Office Phone: 325-641-5726, 325-356-2170

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I. CATALOG DESCRIPTION

Introduction to nutrients and their role in proper growth and development and maintenance of health.

II. TEXTBOOK(S)

Davis Drug Guide, 12th Ed., F.A. Davis

Nutritional Essentials for Nursing Practice, 6th Ed., Dudek, LWW

Medical Terminology, A System Approach, 6th Ed, Gyls/Wedding, F.A. Davis

Taber's Cyclopedic Medical Dictionary, 21st Ed., F.A. Davis

III. METHODS OF INSTRUCTION

Lecture, video tapes, class discussion, audio-visual aids, internet.

IV. SCANS COMPETENCIES

This course covers Scans Competencies #s F1, F2, F5, F6, F7, C1, C6, C10, C11, C12, C13, C14, C18, C19, C20.

V. COURSE OBJECTIVES

To teach course content as outlined in the catalog description and to enable the student to accomplish the following objectives.

VI. STUDENT OBJECTIVES TO REACH DELC REQUIREMENTS

The student will:

1. Identify the basic nutrients.
2. Discuss the role of nutrients in growth and development and health maintenance.
3. Identify and discuss therapeutic diets and the specific medical conditions for which they are used.
4. Identify common health practices and behaviors of clients related to development level, gender, cultures, belief systems, and the environment as it applies to nutrition.
5. Identify fundamental nutritional principles and factors that contribute to the maintenance or restoration of health.
6. Discuss ways to implement a plan of care to assist client to meet basic physiologic needs including: circulation, nutrition, oxygenation, activity, elimination, comfort, pain management, rest, and sleep.

7. Discuss examples of nursing research in the area of nutrition and how this research improves client outcomes.
8. Discuss the roles of all levels of nursing and health care professionals involved in the referral of clients with nutritional issues.
9. Discuss the roles of family and significant others in providing support to the individual with nutritional issue.
10. Discuss the teaching needs of the client and family in regard to nutritional problems.

VII. COURSE/CLASSROOM POLICIES

See VN Handbook.

ADA Statement: Ranger College provides a variety of services for students with learning and/or physical disabilities. The student is responsible for making the initial contact with the Ranger College Counselor. It is advisable to make this contact **before** or **immediately** after the semester begins.

- VIII. Admissions, employment, and program policies of Ranger College are nondiscriminatory in regard to race, creed, color, sex, age, disability, and national origin.

IX. RECEIPT OF SYLLABUS

Separate page; signed and returned to instructor.

X. ASSESSMENT

GRADING

100-92 = A

91-86 = B

85-80 = C

Below 80 = F

All students must achieve an average grade of 80% to remain in the program.

XI. EVALUATION

There are 3 major exams. You will receive a test blueprint prior to each exam. Usually multiple choice or matching questions are given, but essay questions or fill-in-the-blank questions may also be given. Pop tests may be given throughout the semester. These pop tests count as daily grades. All daily grades are averaged to equal one major exam grade. All exams are worth 100 points and will cover assigned reading, class discussions, and handouts. Anything previously tested over is subject to come up again on any given test. An alternate test may be given if the test is not taken at the scheduled time. This course will include a final exam that counts 25% of the grade. Final exams must be taken at assigned time with no make-ups. There will be two homework projects during this semester. Each will count as major exam grade. There is to be no collaboration on these assignments.

Academic dishonesty according to the Ranger College Handbook is defined as copying from another student's test paper or academic work, or collaboration with another person in preparing written work for credit. Students who commit any of these violations on first offense will be given a "0" on the test or assignment. Repeated offenses will go before Dean of Students and most likely will lead to dismissal from the nursing program.

LECTURE & TEST SCHEDULE

Week 1 – Lecture Chap. 1-3

Week 2 – Lecture Chap. 4-5

Week 3 – Lecture Chap. 6&7

Week 4 – Exam I over unit One
Lecture Chap. 8&9

Week 5—Lecture on Chap 10

Week 6 – Lecture on Chap. 11-13

Week 7 – Exam II over Unit Two
Lecture on Chap. 14

Week 8 –Lecture on Chap. 15-16

Week 9 – Lecture Chap. 17- 18

Week 10 -- TBA

Week 11 – Lecture on Chap. 19

Week 12 – Lecture on Chap. 20-21

Week 13 – Exam III on Unit 3
First Nutrition Project due

Week 14 – Thanksgiving

Week 15 – Review for final
Second Project due

Week 16—Final to be announced